

VALLEY BATON CLUB

FEBRUARY 2014

K & K COMPETITION

Saturday, February 22nd

Washington High School
38442 Fremont Blvd.
Fremont, CA 94536

Arrival: 8am to main gymnasium

Practice Ready: 8:20am

Competition Ready: 8:45am to 9am

The week of the competition:

Pick up tights on Wednesday

Clean baton ends with scrub

Organize costumes, headpieces,
shoes, tights, and make-up/hair
accessories

The night before the competition:

Pack up all of the above and put near
the front door or in your car

Pack some healthy snacks and water
for the day

Set your alarm and sleep well...try to
get your athlete to bed early!

The morning of the competition:

Feed your athlete a breakfast they like

Athlete should be dressed in VBC
swag and athletic wear...NO PJ's!

Put your athlete's hair in a secure bun

Keep your athlete in a good mood

Know your driving directions and
arrive on time

(More CONTEST TIPS on back)

THIS MONTH IS ABOUT SHARING THE LOVE

Not just red hearts and chocolates for this club. When our alumni contact VBC, we are reminded what 34 years of love can do for the spirit. Many alums donated costumes to the costume closet, which raised over \$300 at this point, and many other alums have dropped by, sent emails, Facebooked, or called in the past few months. As we head into this season's first competition as a club, we hope to represent the 34 years of twirling excellence and make memories along the way. Love your family, your teammates, and your coaches! Happy Valentine's Day!

QUESTIONS AND ANSWERS

Q: What is Twirl Mania?

A: This all-organization competition is an open event and an invitational competition held at the ESPN Sports Complex in Orlando, Florida at Walt Disney World.

Q: Does VBC attend this awesome competition?

A: Yes, for the past six years we have had a number of athletes qualify for the Gold Invitational and have entered the open competition. Hannah was our first athlete to attend and came home with a Mousecar! This year, Jenny and Courtney will represent VBC in the Gold as well as the Advance Twirl Mania Pageant. It is Jenny's second time and Courtney's first. Wish them luck!

Q: Could my athlete attend and would we get to go to Disney World?

A: Yes, it is over Presidents weekend in February. Many events are offered from basic march to multiple baton at all levels. Plenty of time to visit all of the parks and even perform down Main Street with other twirlers, if interested.

Where there is love, there is life. –Mahatma Gandhi

BUDGET ITEMS FOR MARCH AND APRIL

Two Local Contests and State Team Entry Fee \$30 per athlete due 3/1

National Team Entry Fee \$25 per athlete due 4/1

CALENDAR DATES TO KEEP IN MIND

The ones **BOLDED** are for VBC to participate in as a club. If you have any concerns or conflicts, just let us know.

2014

February 22nd, Saturday	K and K Prod. Contest	Washington HS, Fremont
March 8 th , Saturday	Revolution Contest	Sacramento area
March 22 nd , Saturday	K&K and D D Contest	Fresno area
April 12 th , Saturday	Buckeye Cuties Contest	Redding area
April 19th, Saturday	Campbell Eggstravanza & Parade	9am & 11:30am
April 26th, Saturday	PHMC CA Council Contest	Folsom/Stockton
May 17th & 18th Sat/Sun	CA State Championships	Freedom HS Brentwood
June 22/23	Western Regional	TBD
July 1, 2, 3rd	Kids To Nationals Training Sessions	3pm to 6pm
July 4th	4th of July Parade	The Villages SJ
July 7th to 12th	(11th/12th) US Twirling Association Nationals	Stockton

Athletes may enter individually at any local competition listed. The **BOLDED** events are for group numbers that will represent the club.



COACH ROCKY REUTER

VBC is excited to have VBC alum, Rocky Reuter, join our coaching staff with Paige! Rocky twirled with VBC for 13 years and continued to twirl for the University Of Arizona Pride Of Arizona Marching Band for her freshman year of college. At the age of five, Rocky came to VBC when her mom saw a recreation class advertisement and has been coming on Wednesday since! She has been on several of our national winning teams and has traveled around the country representing VBC at USTA Nationals since 1998. Now, Rocky has graduated from Arizona with a Bachelor of Arts in Environmental Studies and a minor in Business Management.



With Rocky home from college, she will be assisting Paige with the Wednesday Rec classes, Delight and Jump Start rec teams, and is providing private lessons to our beginner and intermediate students. We are very excited to have Rocky back with us in the VBC family and look forward to seeing her every week! If you would like a private lesson from Rocky, just let us know and we will get you set up. Private lessons are \$15 for 45 minutes. Lessons could be at the BCC on Wednesday or at San Tomas Park upon availability. Her email is **Rreuter24@gmail.com** to discuss specific day and time.

CONTEST TIPS

Practice Ready: Athlete has all belongings securely in VBC area. Athlete is ready to practice their team routine on the competition floor. Shoes, tights, and costume are on and baton is in hand. Hair is in a bun and secure with gel and hairspray. All athletes have been fed and gone to the bathroom.

Competition Ready: All athletes will be released to the stands from 8:45am to 9am for make-up and headpieces. OK to use bathroom and eat something light...Water is good at this point too!

How to get my athlete's hair in a bun and be nice about it:

Step by step instructions are here or google your own. Practice before the morning of the competition...PLEASE!

http://dance.about.com/od/getstarteddancing/ss/Ballerina_Bun.htm

Hair and Make-up: VBC wears no bangs, uses gel and hairspray for loose ends and you must have a hair net (easily found at CVS or Walgreens). Make-up for Delight is provided, and Jump Start will have MAC make-up provided.

Program: Check out the cabatoncouncil.com website for Final Contest Program on Friday, Feb. 21st.

Valley Baton Club

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NEXT MONTH'S ISSUE...community events ahead, results from Twirl Mania, and more!